



**The MINNESOTA
DRAMATIC HEALTH INNOVATION?**

**Create the CHEMISTRY of a PEAK Performance
IN-JOY Dramatic Health Benefit\$**

WHY MINNESOTA?

MN is a STARing state that has it's act together WELL!

MN is a role model (top 10%) in health, health care, health research, longevity and happiness.

MN is recognized as a center for theater arts.

MN has a supportive and well educated citizen base—eager to learn and improve.

MN is innovative, with novel approaches being philanthropically encouraged and endorsed by government, education, business, theater arts, faith and foundations partners.

YES! The joint expertise and support of individuals and other MINNESOTA community and institutional leaders would become healing colleague. **TOGETHER** they would identify, and promote a NEW health paradigm. They would become healing colleagues.

GOOD MINNESOTA MEDICINE!

Every BODY has an INNER PHARMACY. Each can discover how to self-prescribe and dispense an UP-beat physiology using successful stage techniques that TURN ON a happy, healthy, positive theater role.

When, these UP-beat theater METHODS are IN-acted the “chemistry” is right—the feeling is right! And a healthy, happy, hit performance is “right ON”!

By ACTING an UP-beat, positive role a health INhancing physiology is Turned ON!

This mind/body chemistry is a self generated treatment that complements conventional health care. The benefits to wellbeing and the reduction of health care costs can be dramatic.

QUESTIONS!

What is the chemistry of being “on”?

How is the physiology of an “on” performance scientifically measured?

What is the “high” of getting IT right?

Can happiness and health be ACTED ON?

Can METHOD ACTORS take the “high” of a stage part into the theater of daily life?

Can, they continue, off stage, to play an UPPER role—WELL?

Can we—at/in/on our **Stage of Life** master some Method Acting techniques?

Can we INNERtain a healthy chemistry that is TRANCEmitted to others?

Can we, together, be MN role models for a healthy, physiological TRANCEformation?

ANSWERS!

YES! When the dramatic arts think medically and the medical arts think and practice **DRAMATICALLY**—self-medication happens for both the patient AND care provider.

YES! INloyable, theatrical skills can be self-prescribed and a healthy physiologically can be self-prescribed and dispensed from the inner, cellular pharmacy.

YES! Then an infectious, Minnesota **HAPPYdemic** spreads.

YES! Every BODY can ACT WELL! Can be a healthier STAR! We can bank on IT!

**To BE or not to BE—that is the ANSWER!
To DO or not to DO—THAT is the question!**

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